

# **Upper Missouri District Health Unit**

## Your Public Health Professionals

### DIVIDE COUNTY

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September 25, 2024

Upper Missouri District Health Unit (UMDHU) and the North Dakota Department of Health and Human Services (HHS) are conducting an investigation of active Tuberculosis (TB) Disease within McKenzie County. Free testing has been provided to those who were determined to have been exposed to the case of TB. All individuals who had prolonged exposure have been identified through a contact investigation, were notified of their exposure, and have been instructed on how and when to be tested for TB.

At this time, the person identified with active TB disease has been asked to stay home (isolate) and will continue to do so until their health care provider has determined they are no longer infectious.

TB is a serious, but treatable disease that is only infectious in its active state.

Latent TB infection generally exhibit no symptoms and are not able to transmit the infection from one person to another. Antibiotic treatment is used to treat people with TB.

Active TB disease is not spread easily but can be spread through droplets if an infectious person coughs or sneezes in close contact with an uninfected person. It takes prolonged exposure to a person with infectious TB disease to become infected. A person cannot get TB from someone's clothes, drinking glass, eating utensils, a handshake, toilet, or other surfaces.

Information about TB can be found by visiting <a href="https://hhs.nd.gov/tuberculosis">hhs.nd.gov/tuberculosis</a> or <a href="https://www.cdc.gov/TB">www.cdc.gov/TB</a>.

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